FRASER VALLEY LOCAL LOVE IN ACTION

$1,985,000

invested in the Fraser Valley

❤️ 100

life-changing programs

See your local love in action at uwlm.ca
Local love. Local results.

42% of kids in the Fraser Valley say they spend after-school hours alone. Vulnerable kids are more likely to struggle with school, unemployment and crime. They are also more likely to experience physical and mental health problems, like anxiety, obesity and depression.

Last year, donors like you helped kids across the Fraser Valley build self-esteem, confidence and leadership skills through United Way after-school programs. Your support today ensures a vulnerable kid has access to life-changing activities, friendship and mentorship — putting them on the right path to success.

2,100 seniors in the Fraser Valley say they have no one to talk to. Isolated seniors face shorter lifespans and increased health challenges, including dementia, depression and decreased mobility.

Last year, donors like you helped seniors find community, connection and independence through United Way seniors’ programs. Your continued gift ensures a participant is keeping active and healthy, putting less stress on families, caregivers and the health care system.

Communities across the Fraser Valley are disconnected, and social isolation is on the rise. Challenges facing disconnected communities include increased crime, lack of community resources and loneliness.

Your support brings innovative projects into a neighbourhood like yours. Everyone — from vulnerable kids and isolated seniors, to residents struggling to feel like they belong — deserves to be engaged and supported in their community, by their community. There are some issues that programs alone cannot solve and we believe that people don’t live in programs, they live in communities like yours.

Show your local love. Donate today.

Please give through your United Way Campaign or at uwlm.ca/donate.